

Living Well More Than A Cookbook



BOOK DETAILS

- Author : National Extension Association of Family & Consumer Sciences
- Pages : 272 Pages
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BOOK SYNOPSIS

The founders of Los Angeles Pressed Juicery chain outline safe practices for juicing and juice cleansing, sharing instructive testimonials while providing 75 recipes for their most popular juices, from Chocolate Almond to Coconut Mint Chip. 15,000 first printing.

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