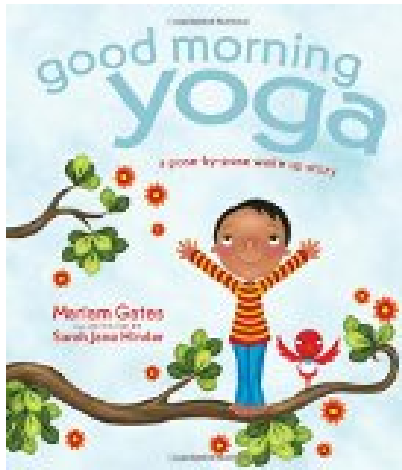


# Good Morning Yoga A Pose-by-Pose Wake Up Story

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## BOOK DETAILS

- Author : Mariam Gates
- Pages : 36 Pages
- Publisher : Sounds True
- Language : English
- ISBN : 1622036026

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## BOOK SYNOPSIS

Good Night Yoga is both a bedtime story and a series of simple poses for following the natural world as it comes to rest at days end.

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